

From

Director Higher Education
Shiksha Sadan, Sector-5
Panchkula, Haryana

To

The Principals of Colleges of Excellence (as per list)

Memo No. 4/34-2018 RUSA (2)

Dated- 1st July, 2019

Sub: Collection and distribution of Foundation Booklet- RISE

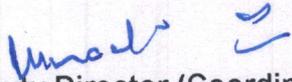
Kindly refer to subject cited above.

As you are aware that a team from the head office and few of our teachers has been working from last one year in drafting foundation booklet to develop positive psychology, life and job skills among our students. We are now pleased to inform you that department has released the first version of the booklet. In the first phase, it has been decided to distribute to the first year students (of AY 2019-20) of Govt Colleges of Excellence as per the list attached in the first phase. More copies of the booklet are under print and shall be sent to the rest of colleges in due course.

This booklet has been designed to inspire and empower you with life skills and soft skills which they need to make the most out of life. The booklet is divided into 4 sections with a section on Chapter plan and practice. Each chapter has some words of wisdom, instances of rising above challenges, and achievements of our people who have brought glory to our state. Inspiring stories and interesting snippets have been used to demonstrate the power of self-belief and self-motivation. The book content has been augmented with interesting and useful internet resources, especially with Videos in Hindi which may be accessed by the students for self-building. Each chapter ends with student's space which has activities and prompts for collective as well as self-learning. The booklet may be used in the mentorship groups. The mentors may discuss the skills in their groups and use the activities to create learning and practicing situations.

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You are therefore requested to nominate teachers or mentors who will go through this booklet and discuss the same with students and also ensure proper usage of this booklet. Each college will be given copies according to the number of students/seats in first year courses with additional copies for the use of faculty members. Accordingly, it is also requested to send some representative from you institute to the head office for the collection of physical copies of the booklet by 8th July. Web version of the booklet can also be downloaded from the portal of Higher Education (i.e. <https://highereduhy.com/>)


Deputy Director (Coordination)
for Director Higher Education
Panchkula, Haryana

List of Colleges

| Name of College | Number of Copies (Students +faculty) |
|------------------|---------------------------------------|
| GC Ambala Cantt | 1020 + 100 |
| GC Jind | 1448+100 |
| GC Tohana | 928+100 |
| GC Kalka | 760+100 |
| GCW bhiwani | 1214+100 |
| GCW Jind | 1060+100 |
| GCW Mahendergarh | 880+100 |
| GCW Hansi | 760 +100 |
| GCW Panchkula | 770 + 100 |

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