

From

Director General Higher Education, Haryana,
Shiksha Sadan, Sector-5, Panchkula.

To

1. The Registrars of All State Universities.
2. All Principals of Govt./Govt. Aided/ SFS Colleges of State of Haryana.

Memo No. DHE-010009/127/2021-Coordination-DHE
Dated Panchkula, the 03-01-2022


Subject : 75 Crore Surya Namaskar Project- Participation of organization under your department.

Kindly refer to the subject cited above.

I have been directed to forward a copy of letter no. HYA/HRV/2021/1992 dated 23.12.2021 received from the Registrar, Haryana Yog Aayog for information and necessary action.

It is requested to appoint one of Physical Education Assistant Professor as Nodal Officer from each college/ University for following up and reporting the event regular basis as per directions.


DA:As above


Superintendent Co-ordination
O/o Director General Higher Education,
Haryana, Panchkula.

Endst. No. Even

Dated Panchkula the

A copy of the letter is forwarded to Registrar, Haryana Yog Aayog, Near Ayush Bhawan, Sec-3, Panchkula with reference their letter No. HYA/HRV/2021/1992 dated 23.12.2021 for information and necessary action.


Superintendent Co-ordination,
O/o Director General Higher Education,
Haryana, Panchkula

HARYANA YOG AAYOG

Near AYUSH Bhawan, Sector 3, Panchkula -134 109
E-Mail Id - haryanayogaayog@gmail.com Contact No. 0172-2930301

To,

✓ The Director,
Higher Education Department,
Government of Haryana,
Panchkula (Haryana).

No. - HYA/HRY/2021/1992
Dated - 23/12/2021

Subject: 75 Crore Surya Namaskar Project - Participation of organization under your department.

Respected Sir,

We draw your attention towards the letter of Worthy Additional Chief Secretary, Health and AYUSH No. D-3(A)/AYU/HR/ 2021/20113-20117 dated 21-12-2021 regarding the subject cited above which is enclosed as Annexure "A".

On the occasion of 75th anniversary of Independence, Government of India has announced to celebrate this event historically under the banner of "Azadi ka Amrit-Mahotsav". The organizers including Patanjali Yogpeeth, Geeta Pariwar, Heartfulness, Kreedha Bharti and National Yogasana Sports Federation have approached the State Government and it is principally decided to support, promote and participate in this event to make it a grand success.

The proposed event will be landmark in generating awareness about the efficacy of Surya Namaskar and Yogasana as a Sport among people of the Country. This is a nation wide project where the organizers have targeted to achieve 750 million Surya Namaskar target, involving 30,000 institutions and 30 lakhs students/volunteers and Yoga enthusiasts from all the states. The program is planned from 1st Jan, 2022 to 20th Feb, 2022 details are given below. It is pertinent to mention that the Ministry of AYUSH, Ministry of Education, All India University (AIU) and Fit India Movement has supported this all event. Some of the letters are attached as Annexure "B".

In this regard, it is requested to give direction to the concerned officials, staff, students/volunteers to take part in this program and to make program a grand success by making maximum participation. Following is the procedure that needs to be followed in order to participate in the event, by individuals and collectively by your different organizations, college, universities

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respectively. Please appoint one of your Physical Education trainer/ lecturer as nodal officer from each college/ university for following up and reporting the event on regular basis.

Step wise directions to be issued to all the concerned -

1. Log-in to the Surya Namaskar event website:
<https://www.75suryanamaskar.com/>
2. (a) Through self-explanatory steps, register your organization as a participating institute.
(b) An individual can similarly register individually.
3. Through an excel sheet, all the participants of your institute can be collectively registered for the event.
4. By each participant - individual or part of an organization, 12 poses of Surya Namaskar Yogasana must be performed - 13 times every day - for 21 days (any days) within the duration of 51 days, starting from 01st January, 2022 to 20th February, 2022.
5. (a) For an organization, a 1-minute video of collectively performing Surya Namaskar must be recorded daily by the organization. These videos can be shot offline or performed in a Facebook live session to create a digital footprint with a Hashtag #750Million_SuryaNamaskar, #75करोड़_सूर्यनमस्कार
(b) For an individual, a 30-second video of performing Surya Namaskar must be recorded by participant from their phones.
6. (a) On a daily basis, a group photograph of the practicing group must be taken at any stage of the Asana by the organization, and kept in their records, for uploading on the website at a later designated stage, which will be instructed to them.
(b) On a daily basis, a photograph of self must be taken at any stage of the Asana, and kept in their records by individuals, for uploading on the website at a later designated stage, which will be instructed to them. I request you to please issue these instructions to all the organizations under your ambit which intent to participate in this event.

Thank you in anticipation of a positive response.

With Warm Regards



Dr. Harish Chander,
Registrar,

Haryana Yog Aayog
Mobile No. 9416126858

(Appointed as coordinator of this event)

Enclosed - Annexure "A"



DIRECTORATE OF AYUSH, HARYANA
OFFICE OF DIRECTOR GENERAL AYUSH
Near Youth Hostel, Sector-3, Panchkula.

E-mail address: dgayushhry@gmail.com, Ph: 0172-2570909, 2570919 (Fax)

सेवा में,

1. महानिदेशक, शिक्षा विभाग, हरियाणा।
2. महानिदेशक, खेल विभाग, हरियाणा।
3. महानिदेशक, स्वास्थ्य विभाग, हरियाणा।
4. निदेशक, जन सम्पर्क एवं सूचना विभाग, हरियाणा।
5. निदेशक, संस्कृति विभाग, हरियाणा।

पत्र क्रमांक - डी0-3(A)/आयु/हरि/2021/2013-2017
दिनांक - 21/12/2021

विषय - स्वाधीनता दिवस के 75वें वर्ष में आयोजित अग्रत महोत्सव के कार्यक्रम को अविस्मरणीय बनाने हेतु 75 करोड़ सूर्य नमस्कार के वृहद आयोजन में हरियाणा प्रांत की भागीदारी सुनिश्चित करने बारे।

उपरोक्त विषय में NATIONAL YOGASANA SPORTS FEDERATION (NYSE) के पत्र दिनांक 28.11.2021 (प्रति सलग्न) जो कि हरियाणा योग आयोग के पत्र क्रमांक HRY/HYA/2021/1951 दिनांक 08.12.2021 (प्रति सलग्न) के द्वारा इस कार्यालय को प्राप्त हुआ के संदर्भ में आपसे निवेदन है कि सरकार द्वारा 75 रोड सूर्य नमस्कार के कार्यक्रम को सफलतापूर्वक आयोजित करने हेतु आपको आवश्यक अग्रिम कार्यवाही हेतु प्रेषित है।

पत्र सलग्न:- उपरोक्तानुसार

सहायक निदेशक, आयुष
कृते अतिरिक्त मुख्य सचिव, हरियाणा सरकार,
स्वास्थ्य एवं आयुष विभाग

पू0 क्रमांक - डी0-3(A)/आयु/हरि/2021/

दिनांक -

इसकी एक प्रति रजिस्ट्रार हरियाणा योग आयोग, पंचकुला को भेजते हुए लिखा जागा है कि इस सम्यघ में उपरोक्त उर्धित विभागों से कोर्डिनेट करे।

सहायक निदेशक, आयुष
कृते अतिरिक्त मुख्य सचिव, हरियाणा सरकार,
स्वास्थ्य एवं आयुष विभाग

F. NO.12-5/2021-IS.4
Government of India
Ministry of Education
(Department of School Education & Literacy)
(IS.4 Section)

Annexure-B

Shastri Bhawan, New Delhi
Date: 16th December, 2021

To,

The Additional Chief Secretary/Principal Secretary/Secretary (Education), of all States / UTs

Subject: - Surya Namaskar Project on 75th Anniversary of Independence Day-reg

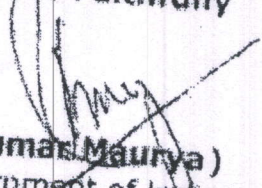
Sir/Ma'am,

I am directed to refer to National Yogasanasports Federation's letter dated 09.12.2021 regarding the Surya namaskar Project on 75th Anniversary of Independence Day.

2. National Yogasanasports Federation has decided to run a project of 750 million Surya Namaskar in 30 States, involving 30,000 institutes and 3 lakh students. For this a programme starting from 1st January, 2022 to 7th Feb, 2022 is planned. A musical performance on Surya Namaskar is also planned on 26th January, 2022. Details of the programme are attached herewith.

3. In this regard, it is requested to give direction to the schools under your jurisdiction to take part in this programme and make the programme a grand success by encouraging maximum participation.

Yours Faithfully


(Rajesh Kumar Maurya)
Under Secretary to the Government of India
Tel.011-23384501
rajmaurya2003@rediffmail.com

Copy for similar action to:

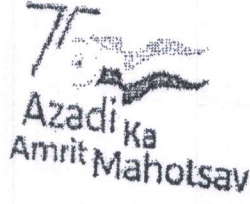
1. The Chairperson, Central Board of Secondary Education,
2. The Commissioner, Kendriya Vidyalaya Sangathan,
3. The Director, Central Tibetan Schools Administration (CTSA)
4. The Commissioner, Navodaya Vidyalaya Samiti (NVS)
5. The Chairman, Council for the Indian School Certificate Examination (CISCE)
- 6.

Copy to (For Information)

1. Dr. Jaideep Arya (Secretary General, NYSF)



डॉ. बलजीत सिंह सेखॉ
संयुक्त सचिव (वाईए एंड एस)
DR. BALJIT SINGH SEKHON
Joint Secretary (YA&S)



Annexure - C
भारतीय विश्वविद्यालय संघ
ए. आई. यू. हाउस, 16, कॉमरेड इंद्रजीत गुप्ता मार्ग
(कोटला मार्ग), नई दिल्ली-110 002

Association of Indian Universities
AIU House, 16, Comrade Indrajit Gupta Marg
(Kotla Marg) New Delhi-110 002

No.S/AIU/Youth Affairs/2021
December 21, 2021

Subject: - 750 Million Surya Namaskar Project under the initiative "Azadi Ka Amrut Mahotsav" to mark the 75th Anniversary of Indian Independence.

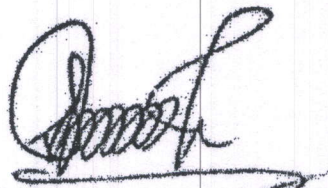
Dear Dr. Jaideep,

Greetings from AIU!

This is with reference to your letter dated 15th Dec. 21-regarding the above cited subject, this is to confirm that NYSF is hereby authorized to use AIU Logo exclusively for the 750 Million Surya Namaskar programme, under the initiative "Azadi Ka Amrut Mahotsav" to mark the 75th Anniversary of Indian Independence. You may like to share the information details for the wide publicity and dissemination of the information to all the member higher educational institutions.

Warm Regards

Dr. Jaideep Arya
Secretary General,
NYSF


(Baljit Singh Sekhon)

E-mail: jointsecretaryyouthaffair@gmail.com;
Phone: (011) 92990050 92991007 92992190 92992135 92992105